

# THIS IS BREATHTAKING

A photograph of a dirt path winding through a forest during autumn. The trees are covered in vibrant orange, red, and yellow leaves. A chain-link fence runs along the left side of the path. The path is covered in fallen leaves and leads into the distance.

**FOR PEOPLE WITH ALLERGIES OR ASTHMA,**  
the fall season brings more nasal and chest  
congestion that makes it difficult to breathe

**Don't let allergies or asthma  
take your breath away.**

**CALL (410) 583-8393 NOW  
to get relief ASAP at GBMC**

At our **new state-of-the-art center**,  
you will find the help you need with:

- **access to specialists** in allergy, asthma and ear-nose-throat disorders
- **personalized patient education** about your condition and how to control it
- **painless allergy testing** without needles, to find the cause of your problem
- **treatment with long-term effects** to reduce your dependence on medications

For details go to [www.asap-gbmc.com](http://www.asap-gbmc.com)



**Asthma Sinus Allergy Program at  
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